

# **CREDIBLE MESSENGER**

**LIVED EXPERIENCE MODEL**



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# ARC OVERVIEW:



## Public Advocacy:

ARC Sacramento empowers directly- impacted people to play a fundamental role in justice system reform efforts through community organizing and policy advocacy. We also utilize trauma-informed storytelling to shift public perception of formerly justice system-involved individuals.

## Workforce and Education:

ARC Sacramento connects formerly incarcerated students to local community colleges and universities through higher education programs like Project Rebound, Underground Scholars, and Reemerging Scholars. We also provide 21st Century Career Readiness Skills to our members and help members to connect with employers. In addition, we offer free Fair Chance Training for organizations looking to create a more Diverse, Equitable, and Inclusive work environment.

## Housing:

ARC partners with several transitional housing programs to offer members safe and stable housing options that include reentry programming, life skills development, and educational guidance as part of residency.

## In-Reach:

Striving to create hope and positive cultural change in prisons and detention facilities, ARC Sac staff and members facilitate rehabilitative programming within various local facilities including two juvenile halls (Sacramento and Yolo County,) three Division of Juvenile Justice facilities (OH Close, NA Chaderjian and Pine Grove,) and each of the local CA State Adult Prisons.

## Support and Mentoring:

ARC offers members wraparound supportive services including trauma counseling, case management, linkage to resources, mentoring, and prosocial trips and events. Additionally, ARC offers weekly peer and support groups on topics such as financial literacy, addiction support, music, poetry, CGA, healthy relationships, women's and non-binary services, and more.



**"After re-entering society, ARC in Sacramento played a pivotal role in enabling me to reach my full potential and continue on a path of not only change, but also positive impact."**

—Jarad, ARC Member,  
"They Call Us Monsters"



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# DJJ PROGRAM

FORMERLY INCARCERATED  
LIFE COACHES



-Learn skills (jobs, money, etc.) to help you as you return home

-Receive help with Board Hearing prep

-Talk about breaking criminal habits, changing lifestyle.

-Continued support when you return home also

[WWW.ARC-CA.ORG](http://WWW.ARC-CA.ORG)

## DESCRIPTION OF SERVICES

- Facilitate groups with DJJ youth focused around self-enrichment, addressing criminogenic needs and behaviors, mindset and lifestyle change, independent living skills, career readiness, and reentry into the community.
- Work collaboratively with DJJ personnel to help address issues and challenges within the facilities involving the youth we work with.
- Meet individually with youth to develop descriptive Life Plans that are individually tailored to each youth's needs and interests.
- Support youth in preparing for Board Hearings at the institution.
- At the request of the institution, speak at staff trainings and participate in management meetings to assist, as needed, in improving institutional culture.
- Continue support the young people as they transition back into the community to guide and support their adjustment back into the community and link the young person to ARC services, resources, activities, and opportunities.

# **ORGANIZATIONS & LIFE COACHES:**

- **FEEDBACK FROM YOUNG PEOPLE THAT HAVE WORKED WITH THE ORGANIZATION/PERSON**
- **FEEDBACK FROM OTHER COMMUNITY BASED-ORGANIZATIONS**
- **COMMUNITY FEEDBACK**
- **RESEARCH ORGANIZATIONS HISTORY**
- **STRONGLY CONSIDER THEIR RELATIONSHIP WITH THE SYSTEM-IMPACTED COMMUNITY**

# **CONDUCTING PROGRAM:**

- **CHOOSING CURRICULUM**
  - **MINDSET AND BEHAVIOR CHANGE**
  - **TRANSITIONAL LIVING SKILLS**
- **PLANNED INTERACTION, DISCUSSION, AND ACTIVITIES**
- **1-ON-1'S**
- **TEAM APPROACH**
- **GRADUATIONS!**



**Q&A**